

THE BEAUCHAMP COLLEGE

AN EXTENDED SERVICE SCHOOL

WHAT WE WANTED TO DO: Big Lottery Family First Project



What we did:

- Since the conception of Family First at Beauchamp College a great number of activities/ sessions/groups and projects have been delivered successfully.
- Family first has run activities such as:
 - yoga for families,
 - gardening clubs,
 - healthy eating for families,
 - fathers groups,
 - Bamboozle theatre - for families with a disabled child,
 - cricket,
 - dance, and many more.

What difference it made:

- The overarching difference that Family First has made is that families have enjoyed a healthy involvement in activities and sports, improving their confidence, social and interpersonal skills.
- Local parents with preschool children have developed an understanding of the value of play.
- Local families have improved their awareness of dietary planning and management.
- Families with a disabled member have experienced quality time together.
- Some local fathers have developed a lasting relationship with their children, through our Fathers groups and other activities.

What we would change:

- The success of Family First means that we wouldn't actually change the formula.
- The only thing we would change is to increase the length of the project as our current funding is short term.
- Our aim for the future is to ensure that the local parents and children continue their involvement in activities and continue to build their social and interpersonal skills.



Was this activity: (delete as appropriate)

Local/ Regional

Community Cohesion Category: (delete as appropriate)

Socio-economic/ Ethnical and Cultural/ Faith/ Other

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