



LIONHEART
EDUCATIONAL
TRUST

WEEK THREE

**Week
Commencing:**

20/01/25
10/02/25
10/03/25
31/03/25



Monday

Wholemeal Penne Pasta & Roasted Veg in a Basil Sauce
served with herby bread & veg or salad

Cheese and Vegetable Bake
served with parmentier potatoes salad or veg

Vegan Buffalo Wings
served with wedges & onion rings

**Dirty Fries, Jacket Potatoes & a variety of Vegetarian
Paninis & Toasties**

A Selection of Cakes, Fresh Fruit & Fruit Pots

Tuesday

STREET FOOD
**Chicken Rice Boxes or
Sweet & Sour Quorn Boxes**
*served with a wrap, coleslaw/salad & a selection
of sauces*

Jacket Potatoes, Chicken Wraps & Paninis

A Selection of Cakes, Fresh Fruit & Fruit Pots



Wednesday

Pork or Vegetarian Sausages
*served with onion gravy Yorkshire pudding, roast
potatoes & fresh veg*

Jacket Potatoes, Chicken Wraps & Paninis

**A Selection of Cakes, Fresh Fruit & Fruit
Pots**



Thursday

Szechuan Chicken Noodles
served with prawn crackers

Tomato, Basil & Mozzarella Pasta Bake
served with salad or veg

Jacket Potatoes, Chicken Wraps & Paninis

A Selection of Cakes, Fresh Fruit & Fruit Pots

Friday

**Fish or Salmon Fishcakes or
Chicken or Quorn Nuggets or
Cheese & Tomato Pizza**
*served with chips, beans or mushy peas or curry
sauce*

Jacket Potatoes, Chicken Wraps & Paninis
A Selection of Cakes, Fresh Fruit & Fruit Pots

